

Matt Fiddes Martial Arts School

Matt Fiddes Martial Arts School is one of the world's biggest and most recognized chain of martial arts schools. Mighty Matts -specially designed to introduce young children aged from 3 - 6 years the fun and lessons that come from martial arts. Our goal is to nurture these young people in a safe environment and allow their characters and abilities to develop. Junior Classes - designed to give your child aged from 7-11 years physical fitness & confidence, improve school work and teach respect for others. Our classes are loved by the students, parents and their teachers because we make them fun and encourage the children to grow into young responsible adults in a natural way. Adult classes - adult classes are for students aged over the age of 13, with some students in their 70s! These classes are for people of all abilities who want to improve their lives. Includes weight loss, self-defence and much more.

Contact

Telephone 0800 0354660
Email office@mattfiddes.com
Website <http://www.mattfiddes.com>

Venue

Venue address Various locations

Other information

Availability All year
Weekday
Daytime

Additional Information All instructors are DBS checked and vetted before joining us. We have new schools opening across England - to find details of a school in your area please email office@mattfiddes.com

Age Range 3 years 0 months to 70 years 0 months

Some activities and family support services listed in our directory may be cancelled, postponed, or running in a different way due to coronavirus restrictions. Please contact providers to check for information about any changes.