

Woodland And Wellbeing Project With Livability Holton Lee

Our Woodland Wellbeing project offers individuals an opportunity to learn new woodland-based skills, make new friends, gain a sense of meaning, purpose and accomplishment and thrive within our tranquil woodlands at Livability Holton Lee. The woodland wellbeing programme is run by skilled and experienced staff and might include: learning traditional crafts of coppicing and charcoal making, splitting firewood, exploring nature trails, building campfires and whittling plus more. Our programmes support a wide range of individuals including those with a disability, people living with mental health illness and individuals looking to improve their wellbeing through learning new skills.

Contact

Telephone 01202 625562
Email volunteering@holtonlee.co.uk
Website <http://holtonlee.org/wellbeing-projects/woodland-wellbeing/>

Venue

Venue address Holton Lee
East Holton → Holton Heath
Poole
Dorset
Postcode BH16 6JN
Locality Purbeck

Other information

Availability All year
Opening times Tue: 10:00-15:00
Wed: 10:00-15:00
Fri: 10:00-15:00
Additional Information Visit website or get in touch for further information.
Respite / Short Break activity.

Some activities and family support services listed in our directory may be cancelled, postponed, or running in a different way due to coronavirus restrictions. Please contact providers to check for information about any changes.