

Musculoskeletal Outpatient Physiotherapy - Portland Community Hospital - Dorset Healthcare

Our service is for patients aged 8 years and above with a sports injury, orthopaedic or musculoskeletal conditions (e.g. after a fracture or sprain). We will assess, advise and carry out an appropriate course of treatment (related to clinical need) with the approach being, one of self-management, advice and education aimed at improving: • mobility and function • Pain control • Exercise • Healthy lifestyle advice.

Dorset HealthCare 
University NHS Foundation Trust

Contact

Telephone 01305 363741
Email nicky.partridge2@nhs.net
Website <http://www.dorsethealthcare.nhs.uk/patients-and-visitors/our-services-hospitals/physical-health/musculoskeletal-msk-physiotherapy>

Venue

Venue address Portland Hospital Castle Road
Portland
Dorset
Postcode DT5 1AX
Locality Weymouth & Portland

Date/Time

Opening times Mon: 08:00-16:00
Tue: 08:00-16:00
Wed: 08:00-16:00
Thu: 08:00-16:00
Fri: 08:00-16:00

Service Details

Additional Information The Musculoskeletal Outpatients Physiotherapy department at Portland Community Hospital covers Portland and the surrounding area. The service is available for children aged 8 years and above. We're not available at the weekend but there is an out of hours answer machine available 24 hours a day.

Referral information Professional referrals from Dorset GPs, consultants and other healthcare professionals for patients registered in Dorset. Referrals are sent to the physiotherapy department who then contact the patient directly via phone or letter depending on the urgency of the condition. At the first appointment a thorough examination is carried out and joint physiotherapy goals are set with the patient. Simple musculoskeletal / orthopaedic conditions only. (Complex musculoskeletal conditions / developmental conditions to be referred to Poole Hospital specialist paediatric service). Excludes: Neurological, respiratory, amputees, developmental. Self-referral is being accepted by patients registered with a Portland GP practice if over the age of 16.

Age Range Details 8 years old and above.

Accessibility

Wheelchair accessible	There is a lift to the physiotherapy department on the first floor, but patients who are unable to manage the stairs in the event of a fire evacuation will need to arrange to have their physiotherapy assessment and treatment in a room on the ground floor.
Parking availability information	Disabled parking bays, drop-off/collection points and parking nearby.
Toilet facility information	Fully accessible toilets.

Special Educational Needs and Disabilities Local Offer

Support for children and young people with SEN and disabilities	As appropriate the carer is involved in all aspects of the process. Each person is seen in an individual curtained cubicle, parent can stay if child, young person requests. Contact Nicky Partridge on nicky.partridge2@nhs.net for information and guidance.
--	--
