

## Talk To Frank

Free, friendly, confidential advice on alcohol and drugs, smoking and addiction. The website has an A-Z of drugs including slang and related terms used for them. Talk to Frank if you are 'under the influence' or worried about a child, family member or friend that is. Lots of helpful information on the website.

### Contact

**Telephone** 03001 236600  
Mobile: 82111

**Email** [frank@talktofrank.com](mailto:frank@talktofrank.com)

**Website** <http://www.talktofrank.com>

### Service Details

**Additional Information** If you want to talk, you can call FRANK 24 hours a day, 365 days a year on 03001 236600 or text a question to 82111 and FRANK will text you back. Alternatively you can confidentially chat online or email.

**Referral information** Self referral.

**Age Range Details** 0 - 19 and adults

Some activities and family support services listed in our directory may be cancelled, postponed, or running in a different way due to coronavirus restrictions. Please contact providers to check for information about any changes.