

Stur-Fit - Sturminster Newton Leisure Centre

Sturfit is a charitable trust which manages Sturminster Newton Leisure Centre. A number of Groups, Clubs and Classes hire the premises. The gym is kitted out with the latest equipment, and we have equipment which has been adapted to allow people with physical disabilities to exercise. We also have a free weights area and other specialist pieces of equipment, so we are able to cater for most people's needs. As well as the gym there is the Dance Studio and the flexibility of the Large Hall. The centre can be used for a variety of community, social and commercial activities, including but not restricted to meetings, small conferences, classes, clubs, arts and crafts, sports activities, dance classes, birthday parties, engagement parties, christening/communion receptions, slimming clubs and martial arts classes - get in touch for details.

Contact

Telephone 01258 471774
Email hello@sturfit.org
Website <http://www.sturfit.org>

Venue

Venue address Sturminster Newton Leisure Centre Honeymead Lane
Sturminster Newton
Dorset
Postcode DT10 1EW
Locality North Dorset

Other information

Availability Weekend
All year
Weekday
Daytime

Opening times Mon: 07:00-13:00 And 16:30-20:30
Tue: 07:00-13:00 And 16:30-20:30
Wed: 07:00-13:00 And 16:30-21:30
Thu: 07:00-13:00 And 16:30-21:30
Fri: 07:00-13:00 And 16:30-20:30
Sat: 08:00-12:0

Cost variations Please call for details

Additional Information Please visit the website for full information about the classes offered.

Age Range 5 years 0 months to 18 years 0 months

Some activities and family support services listed in our directory may be cancelled, postponed, or running in a different way due to coronavirus restrictions. Please contact providers to check for information about any changes.