

National Autistic Society's Parent To Parent Service

Parent to Parent is the National Autistic Society's (NAS) award winning UK wide confidential emotional support service, provided over the phone by trained volunteers, who are all parents of autistic children and adults. The volunteers are based across the whole of the UK, which means that there is increased anonymity for parents who may not want to share information with someone in their local area. The volunteers all have personal experience of autism and the impact it has on their own families. They are there to give parents and carers the opportunity to talk through any issues, feelings or problems they're experiencing. They can suggest helpful strategies, signpost to other sources of information and support, or just provide a non-judgmental listening ear.

Contact

Telephone 08088 004106
Email nas@nas.org.uk
Website <http://www.autism.org.uk/services/helplines/parent-to-parent.aspx>

Venue

Venue address 393 City Road
London
Postcode EC1V 1NG

Service Details

Additional Information Parents and carers can call Parent to Parent on 0808 800 4106, at any time, day or night, and leave a message on our 24-hour answerphone. Please be aware that this is not a manned line. Please leave a message and a volunteer will call back as soon as possible at a time which suits you. Alternatively they can send the service an online enquiry via our website. Please note that our contact number is free from landlines and most mobiles: 3, O2, Orange, T-mobile, Virgin and Vodafone.

Some activities and family support services listed in our directory may be cancelled, postponed, or running in a different way due to coronavirus restrictions. Please contact providers to check for information about any changes.